



# ST. MARK'S

CATHOLIC COMMUNITY *of the* DEAF

## Chaplain

Father Matthew Hysell, M.A., M.Th.  
DeafCatholicEdmonton@CAEDM.ca  
780-700-0234 text message only  
In case of emergency, text to Father  
Matthew for assistance.

## Pastoral Worker

Sister Elizabeth Kass, S.P.  
780) 701-1817 TTY  
780) 436-7255 fax  
780) 446-7317 text-message  
ekass@sistersofprovidence.ca email

## Chairperson

Mr John Shores  
(780) 434-8640 TTY  
John.Shores@ualberta.ca email

**FEBRUARY 14, 2016**  
**FIRST SUNDAY OF LENT "C"**



## Today's Readings

**First Reading:** Deuteronomy 26:4-10

**Psalm # 91**

**Second Reading:** Romans 10:8-17

**Gospel:** Luke 4:1-13

## Next Sunday – February 21<sup>ST</sup> – Second Sunday of Lent "C"

**First Reading:** Genesis 15:5-12, 17-18

**Psalm # 27**

**Second Reading:** Philippians 3:17, 4:1

**Gospel:** Luke 9:28-36



**TODAY is the First Sunday of Lent.** We are encouraged to spend more time in prayer, fasting, almsgiving, etc. in preparation for the greatest feast of the year which is Easter Sunday and the Resurrection of the Lord. Fasting is not only from food but also from other things that we love – too much time on T.V., Face Book, Internet, etc and spend more time in prayer. Give food and money to the poor, be more thoughtful and kind and helpful to others, etc.

## TODAY -: FAMILY DAY PARTY AND POTLUCK LUNCH

after our 11:00 A.M. Mass. Family Day this year is on Monday, February 15<sup>th</sup> so Sunday, Feb. 14<sup>th</sup> is also Valentine's Day. This will be held in the PRC room # 161. Bring your favorite potluck. Everyone is welcome.

The person who wants to learn true humility should reflect on the Passion (sufferings) of Jesus. Saint Faustina

**ICDA Canadian Section**  
**Chapter # 108**

**Website:**

[www.DeafCatholicEdmonton.org](http://www.DeafCatholicEdmonton.org)

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*Happy Family Day*

**Office and Mailing Address**

3005 - 119th Street • Edmonton, Alberta T6J 5R5 • (780) 436-7250