



ST. MARK'S

CATHOLIC COMMUNITY *of the DEAF*

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THE HOLY TRINITY

**Father, Son
and Holy Spirit**

**ICDA Canadian Section
Chapter # 108**

Website

www.DeafCatholicEdmonton.org

Charitable Donation Number

11918-6757-RR0001

**MAY 31, 2015
TRINITY SUNDAY**



Today's Readings

First reading: Deuteronomy 4:32-44, 39-40

Psalm # 33

Second Reading: Romans 8:14-17

Gospel: hew 28:16-20

Next Sunday – June 7th – Corpus Christi

Body and Blood of the Lord

First Reading: Exodus 24:3-8

Psalm # 116

Second Reading: Hebrews 9:11-15

Gospel: Mark 14:12-16, 22-26

TODAY we honor the Blessed Trinity, Father, Son and Holy Spirit. The Trinity is a mystery that we humans are not able to understand. Next Sunday will be the feast of the Body and Blood of the Lord. Did you know that Father Matthew will be going to Corpus Christi Parish when the Church in the fall?

COMING EVENT – St. Mark's annual BBQ on Father's Day, June 21st in the PRC auditorium or outside, weather permitting.

Pretzels have a long Catholic history. Though the exact origins of the pretzel remains mysterious, legend has it that the story began around A.D. 610, when Italian monks presented their young students with treats of baked dough twisted in the shape crossed arms. At that time, crossing one's arms was the traditional posture for prayer. As the custom spread through medieval Europe, **the three holes came to represent the Holy Trinity – Father, Son and Holy Spirit.** Pretzels were also used as a mainstay of people's diet during Lent.

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